TAE KWON DO TERMS

Alphabetical Order - Korean to English

1. APCHAGI  Front Kick
2. AGUEUM SON  Hand is formed in semi-circle to strike front of neck
3. APKOORI  Front Stance
4. APSEOGI  Walking Stance
5. ARAEMAKKI  Low Block
6. BARKATMAKKI  Double Block
7. BAL  Foot
8. BAM JOOMEOK  Fist with middle joint protruded
9. BATANG SON  Palm
10. BEOM SEOGI  Tiger Stance
11. CHAGI  Kicking
12. CHARYUT  Attention
13. CHIJEUGI  Upper Cut
14. CHIGI  Punching
15. CHIREUGI  Thrusting Stabbing
16. DA LEE  Leg
17. DO BOK  Uniform
18. DO JANG  School
19. DOLLYO CHAGI  Turning Kick
20. DWIT KOORI  Back Stance
21. EOLGOOL MAKKI  High Block
22. GAW MAKKI  One hand low block, one hand high block
23. JIREUGI  Hitting
24. JOOMEOK  Fist
25. JOONBI  Ready Position
26. MAKKI  Defending
27. MOM  Body
28. MOMTONG MAKKI  Inside Block
29. MOOR UP  Knee

NUMBERS POOMSE

1. II Chang
2. Yee Chang
3. Son Chang
4. So Chang
5. Oh Chang
6. Yuk Chang
7. Chil Chang
8. Pal Chang
9. Goo Chang
10. Ship Chang

The imaginary line between Um and Yang means Vigorous, Full of life, to create.

The white background stands for the Korean people. White is Peace or tranquil people.