

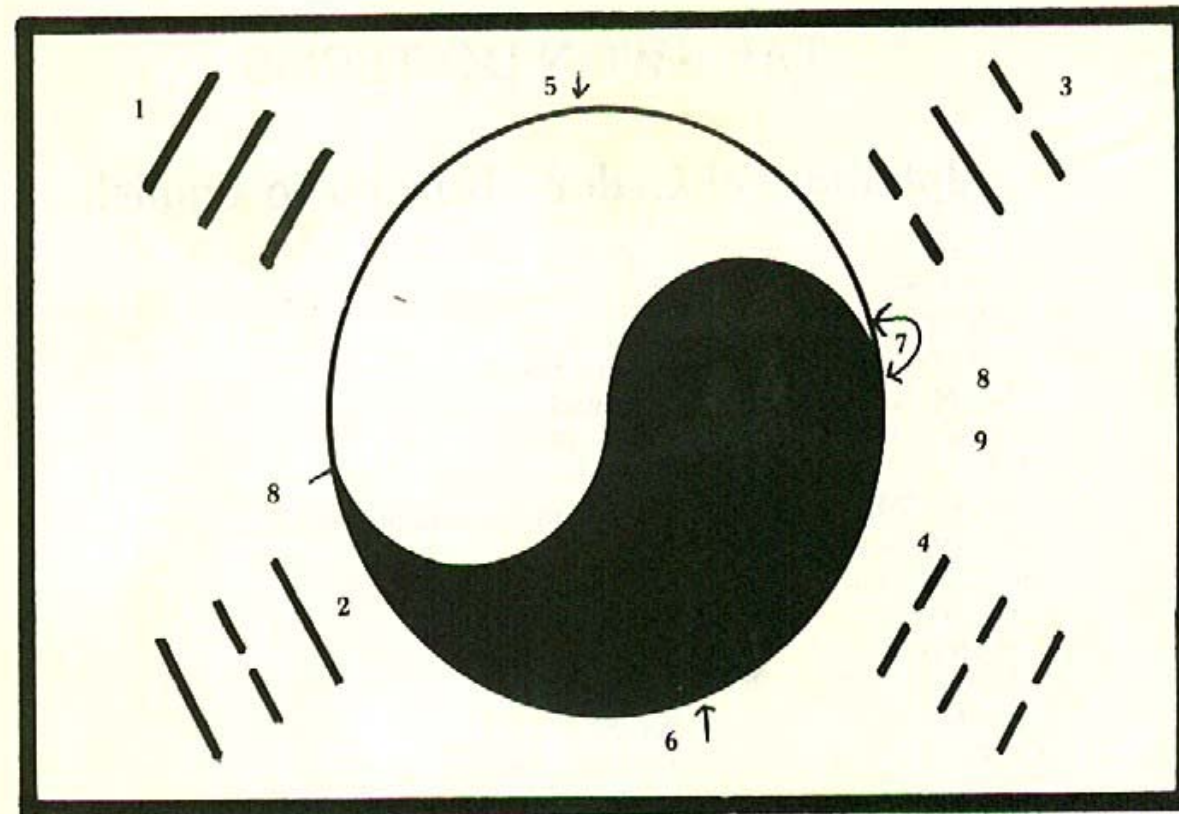
TAE KWON DO TERMS

Alphabetical Order - Korean to English

1. APCHAGI	Front Kick
2. AGEUM SON	Hand is formed in semi-circle to strike front of neck
3. APKOOBI	Front Stance
4. APSEOGI	Walking Stance
5. ARAEMAKKI	Low Block
6. BAKKATMAKKI	Double Block
7. BAL	Foot
8. BAM JOOMEOK	Fist with middle joint protruded
9. BATANG SON	Palm
10. BEOM SEOGI	Tiger Stance
11. CHAGI	Kicking
12. CHA-RYUT	Attention
13. CHIJIREUGI	Upper Cut
14. CHIGI	Punching
15. CHIREUGI	Thrusting-Stabbing
16. DA LEE	Leg
17. DO BOK	Uniform
19. DO JANG	School
19. DOLLYO CHAGI	Turning Kick
20. DWIT KOOBI	Back Stance
21. EOLGOOL MAKKI	High Block
22. GAW MAKKI	One hand low block, one hand high block
23. JIREUGI	Hitting
24. JOOMEOK	Fist
25. JOONBI	Ready Position
26. MAKKI	Defending
27. MOM	Body
28. MOMTONG MAKKI	Inside Block
29. MOOR UP	Knee

NUMBERS POOMSE

1. Il Chang
2. Yee Chang
3. Sam Chang
4. Sa Chang
5. Oh Chang
6. Yuk Chang
7. Chil Chang
8. Pal Chang
9. Goo Chang
10. Ship Chang



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|--|-------------------------------------|--|---------------------------------------|
| 1. Sky
South
Fall
Virtuous | 2. Fire
East
Spring
Manner | 3. Water
West
Summer
Smart or
Wisdom | 4. Ground
North
Winter
Right |
| 5. Sun
Noble
Hard | 6. Soft
Young
Hope | 7. Yang and Um
together
Means Universe | |
| 8. The imaginary line between Um and Yang means Vigorous, Full of Life, to create. | | | |
| 9. The white background stands for the Korean people. White is Peace or tranquil people. | | | |